

Bacon, Lettuce and Tomato Sandwich – without the sandwich.

1/2 # bacon or more, cooked and cut into bite-sized pieces **

1/2 package broccoli slaw (Trader Joe's) or 2-3 kinds of good lettuce, in bite-size pieces.

2 or 3 hard-boiled eggs - chopped

1/2 – 3/4 of a 15 ounce can of black beans, drained

Avocado – half or more, chopped

Tomatoes – peeled and chopped

Toss all together with Ranch dressing.

** Also good with shrimp instead of the bacon.

Probably good with steak, sliced thin and sautéed 2 minutes.