

Chicken Broccoli Slaw salad (20 minutes or less after chicken is done)

2 small boneless, skinless chicken breasts, about 10 ounces total, poached* and cut into bite-sized pieces.

½ package broccoli-slaw

½ cup dried cranberries (or golden raisins)

½ cup halved seedless green grapes

2 sweet gherkins, minced

½ cup chopped pecans

¼ cup finely chopped red onion

½ cup diced cheddar cheese

Salad dressing - lite ranch

Toss everything together with salad dressing.

Serves 2

*Poach chicken:

Bring a small pot of 1- ½ cups chicken broth (to cover chicken) to boil. Put chicken in, turn off heat, let sit 45 minutes. Cool, refrigerate.